

# MINI EXPLORERS



**Sammy Starfish** fuels her ocean adventures with mighty mac and cheese.



**Oli Octopus** loves fruity chicken curry with poppadoms for every tentacle!



**Colin Crab** is a nippy little chap who likes getting his claws on a fish finger or two.



**ANNABEL KARMEL**

Delicious and nutritious dishes designed for your holiday by Annabel Karmel, MBE, bestselling children's cookery author and global food expert.

(v) vegetarian. (ve) vegan. (veo) vegan option available. (gfo) gluten free option available. (gf) gluten free. (ls) low sugar.

Some of our products may contain allergens.

If you are sensitive to any allergens, please speak to a member of staff before ordering. Please note that some of these dishes may contain nuts or nut extracts. \*While all the food we serve on board is prepared to the highest health and safety standards, public health services have determined that eating uncooked or partially cooked meats, poultry, fish, eggs, milk and shellfish may increase your risk of foodborne illness, especially if you have certain medical conditions.

## To start



Tomato soup  
(ve) (gf)

Hummus with cheesy pitta fingers,  
cucumber and carrot sticks (v) (veo)

Taco with salad and your choice of  
cheddar cheese (v) or grilled chicken

## Mains

Crispy breaded fish fingers

Fruity chicken curry  
with rice and mini poppadoms

Super spaghetti bolognese (veo) (gfo)

Sticky honey and soy chicken strips

All-American cheeseburger  
with lettuce, tomato and ketchup

Tasty tomato penne pasta with butternut squash (v) (veo) (gfo)

Mighty mac and cheese (v) (gfo)

## Mini grills

Served with your choice of gravy or sticky teriyaki sauce

Salmon fillet (gf)

Chicken breast (gf)

Fillet steak\* (gf)

## Sides

Choose up to three sides to go with your main or mini grill

Green veggies of the day (ve) (gf)

Mashed potatoes (v) (gf)

Waffle fries (ve)

Baked beans (ve) (gf)

Sweetcorn (ve) (gf)

## Desserts

Fresh fruit salad or watermelon wedges  
(ve) (gf) (ls)

Golden crêpes with Nutella and banana (v)

Milk chocolate fridge cake with red berries

Raspberry and red fruit jelly

Vanilla ice cream (v) (gf) (veo)

## Drinks

A C D

Belvoir Farm Raspberry Lemonade 330ml £3.30

Frobishers Jubilant Juices 250ml £3.20

Orange or Apple

Pip Organic Juice 180ml £3.05

Blackcurrant, Raspberry & Apple

Water – still or sparkling 330ml £2.20

## Tiny tummies

Please ask your waiter about our daily fresh purée.



Dive over to the next  
page for fun colouring  
and tasty teasers...

